## FOOD.

## BRUNCH closes 1:30

<b>Bagel</b> w butter, cream cheese(+1), hummus(+1), avocado(+3), on rye(+0.5)	5
Cacao Granola gf buckwheat cacao granola, yogurt, seasonal berries, milk/soy/almond	10
Eggs on Toast eggs cooked to your liking(poached, scrambled, or fried), sourdough	11
<b>Acai Bowl</b> gf acai smoothie, berries, bananas cacao granola, chia, seeds mix	14
Rueben Sandwich grass fed beef, dijon, russian dressing, sauerkraut on caraway rye	14.5
Baked Eggs chipotle tomato sauce, eggs, capsicums, feta, herb baguette	15
Chicken Quesadilla chilli corn salsa, refried bean, cheddar, guacamole, bbq chicken	15.5
Brisket Roll house smoked bbq brisket, coleslaw, swiss cheese, side of roast potato	16
Smashed Avocado corn salsa, kale chips, duhka, poached eggs, sourdough	17.5
<b>Hash Brisket</b> gf bbq smoked brisket, roast potato, poached eggs, onion salsa	17.5
<b>Duotone Breakfast</b> eggs cooked to your liking, sourdough, potato, sausage or bacon	18
Paleo Burrito Bowl gf cauli rice, guac, corn chips, corn salsa, salsa verde, kale, <b>choice of protein</b>	18.5
Summer Veg Bowl gf asparagus, sweet potato, spinach, cashew dressing, kale, choice of protein	18.5
<pre>choice of protein eggs/mushroom/halloumi/chicken/beef</pre>	
SIDE	
Bacons	4
Free Range Pork Sausage	4
Grilled Halloumi	4

All food may contain traces of nuts

Tasmanian Smoked Salmon

**Guacamole with Corn Chips** 

Gluten Free Sourdough

**Roast Potato** 



## **DRINKS.**

## COFFEE

Black single origin espresso/long black	4
Milk latte/flat white/cappuccino	4
Cold Brew slow cold brewed iced black coffee	5
Bullet Proof Coffee double espresso, grass-fed gee, coconut oil, xct oil	5
Pour Over Filter see black board for availability	7
Hot Chocolate / Matcha / Chai / Turmeric Latte	4.5
Bon Soy/Lactose Free Milk/Extra Shot/Large TA	+.5
Iced/Pure Press Almond Milk	+1
TEA	5
English Breakfast red fruit, bergamot / Ruhuna, Sri Lanka	
<b>Dragon Well Green</b> cucumber, pinot noir / Zhejiang Province, China	
Oolong smoky cocoa / China	
Peppermint clean sharp / California, USA	
Lemongrass and Ginger tangy spicy	
House made Iced Tea ask us for details	6.5
COLD PRESSED JUICE	
Coco	6
coconut water, mixed berries  Eve	7.5
green apple, lemon, mint  Candice	8
watermelon, strawberry, apple Rihanna	8
orange, lemon, mint  Natalie	8.5
kale, celery, apple, ginger, lemon, cucumber	
SUPERFOOD SMOOTHIE	10
Raw Choc	
Acai Berry	
acai berry, blueberry, lemon, banana, coconut water, chia  Super Green	
kale, spinach, banana, coconut water, lemon, seeds  Mango Magic	
mango, carrot, orange, passion fruit, turmeric, chia	

